



THE CUBBYHOUSE

PRESCHOOL AND LONG DAY CARE

ABN: 64083942858

41 Polwood Street Kempsey 2440 Phone (02) 6562 8591 Fax (02) 6562 1709

54 Pulteney Street Taree 2430 Phone (02) 6551 2100 Fax (02) 6557 8067

1316 Gloucester Road Wingham 2429 Phone (02) 6553 0111 Fax (02) 6553 0999

SunSmart / Sun Protection Policy

Introduction

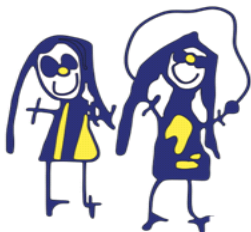
This sun protection policy has been developed to protect all children and staff from the harmful effects of ultraviolet (UV) radiation from the sun, and to teach children good sun protection habits from a young age.

Goals - What are we going to do?

The Cubbyhouse will liaise with the Cancer Council and other authorities to keep up to date with knowledge and strategies for educating the children, staff and families

Strategies - How it will be done?

- Cubbyhouse staff are to educate children, families and visitors on sun protection throughout the whole year, by discussions with children and parents, visual displays, notes, newsletters and resource material.
- Cubbyhouse educators are to set examples to children and families by modeling application of and wearing SPF (Sun Protection Factor) 50+ broad-spectrum water-resistant sunscreen and wearing wide brimmed sun hats outdoors all year, with the option of wearing sunglasses that comply with Australian Standard 1067.
- Cubbyhouse educators are to apply to children a SPF 50+ broad-spectrum water-resistant sunscreen to face, arms and other exposed areas. This will be applied 20 minutes before going outside, while ensuring opportunities for cross infection are minimised. The SPF 50+ broad-spectrum water-resistant sunscreen expiry date will be checked regularly.
- A SPF 50+ broad-spectrum water-resistant sunscreen dispenser will be situated at the outdoor play area, "sunscreen station" with a reminder for parents to apply SPF 50+ broad-spectrum water-resistant sunscreen to themselves and their children on arrival if it hasn't already been applied at home.
- Educators will access the Bureau of Meteorology (BOM) to obtain the UV index to discuss with the children.
- Outdoor activities will be set up to take advantage of shaded areas. The Cubbyhouse staff will encourage children to use shade areas such as under the verandah and in the sandpit, as well as under the shade areas provided by trees and fixed equipment in the playground during outdoor play.
- All children must bring a hat to be worn in outdoor playtime. Hats need to be broad brimmed (at least 6cm wide), bucket style (at least 5cm wide) or legionnaire-style caps.
- Children will be permitted to borrow Cubbyhouse hats. These will be washed on a daily basis.
- Children will not be permitted to play in sun outside without hats. NO HAT NO PLAY (Children will be limited to play undercover or shaded areas). Children with hats have the choice to play outdoors or on the pergola shaded areas.
- Children will be required to wear adequate covering of sun safe clothing for outdoor play. Clothing needs to be loose fitting and made of tightly woven fabrics, it should protect as much of the children's skin as possible. Singlet tops, midriff / crop tops and sleeveless dresses are not recommended, loose fitting dresses, shirts and tops with collars, sleeves or covered necklines and longer style skirts, shirts or trousers are required to be worn at the Cubbyhouse.



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- From October to March outdoor activity will be minimised between 11am and 3pm (Daylight Saving Time). Sun protection is required at all times during these months. Sun protection is required for outdoor play between 10am and 2pm from April to September.
- Outdoor events and excursions will be staged with sun protection factors in mind, e.g. Timing, clothing, hats, SPF 50+ broad-spectrum water-resistant sunscreen, length of the activity.
- Children under 12 months of age will not be exposed to direct sunlight and appropriate sun protection will be used.
- Provision of shade areas will be increased as an on-going policy, by providing more trees, umbrellas, fixed climbing equipment with platforms to provide shade areas underneath.
- A review of the effectiveness of our sun protection policy will be undertaken annually. The policy will be available for viewing by all staff, families and visitors in the Parent Policies Manual.
- Hat pockets are located on the wall under the outdoor area. Each pocket will have the child's name on it, for them to keep their hats in. This will ensure your child will always have their own hat and be able to play. Hats are needed all year round. If a child does not have a hat a spare hat will be provided and washed at the end of the day.
- Children with an intolerance to the SPF 50+ broad-spectrum water-resistant sunscreen provided will be encouraged to bring an alternative to apply throughout the day.

Statutory Legislation and Considerations

Education and Care Services Regulation 2011

Regulations 114, 168

National Quality Standards

QA1 - Educational program and practice

QA2 - Children's health and safety

QA6 - Collaborative partnerships with families and communities

QA7 - Leadership and service management

Early Years Learning Framework

Outcome 3: Children have a strong sense of wellbeing

The Cubbyhouse is a registered Sun Smart Program participant

Sources

Cancer Council NSW Guidelines <http://www.cancer.org.au/preventing-cancer/sun-protection/sunsmart-schools/> (Accessed October 2015)

Links to other policies

Arrival and Departure Policy

Child Protection Policy

Children's Transition of Education Policy

Clothing Policy

Communication and Interaction with Families Policy

Curriculum Development and Programming Policy

Enrolment and Orientation Policy

Excursion and Incursion Policy

First Aid Policy

Governance and Management Policy



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Guiding Children's Behaviour Policy
Hygienic Practices Policy
Interactions with Children Policy
Participation of Students and Volunteers Policy
Physical Activity and Small Screen Policy
Policies and Policy Review Policy
Risk Management Policy
Staff Orientation and Induction Policy
Staff Clothing Policy
Supervision of Children Policy

Links to procedures – (Data, Cubbyhouse Originals, Cubbyhouse Manuals, Procedures)

Enrolment and Orientation
Illness, First Aid and Hygiene
Maintaining records
Programming Guidelines
Safety Checks and Supervision
Staff Orientation
Student and Volunteer Orientation

Links to forms/ resources

Data, Cubbyhouse Originals, Resources

- ❖ Sun Safety Resources
- ❖ signs
- sun safety uv index display

Reviewed and modified October 2008; March 2011; April 2013 , Dec 2014, May 2015, July 2015, October 2015, January 2016